

2 COURSES FOR £12

Served Tuesday - Saturday 5.30pm - 8.45pm

To Start

Homemade Soup of the Day M.A.

Fish Basket battered cod, whitebait and tartar sauce with lemon F.G.E.

Homemade Chicken Liver Pate flavoured with orange and brandy, served with chutney M.G.

Creamy Garlic Mushrooms on toasted bruschetta G.E.

Garlic Bread chose either plain or cheese covered G.M.

Mains

8oz Rump Steak (£2 supplement)

served with chunky chips, grill garnish and peas M.G.

12oz Gammon Steak

served with fried egg or griddled pineapple, chunky chips, and peas M.G.

Castle Inn Chicken Curry (naan £1.50 G. Poppadom £1 G.)

served with basmati rice, chips or ½ and ½ D.A.T.

Homemade Vegetable Curry(v) (naan £1.50 G. Poppadom £1 G.)

Cauliflower, spinach and lentils curry, served with basmati rice, chips or ½ and ½ D.A.T.

Battered Cod Fillet

with chunky chips, garden peas or mushy peas E.M.F.G.

8oz Chicken Breast

Chose either plain, Cajun spiced or garlic roasted chicken breast, served with salad and chips M.

Welsh Faggots or Glamorgan Sausages(v)

served with mashed potato, onion gravy and garden peas or mushy peas G.M.

Goats Cheese, Tomato and Basil Tart(v) served with salad and new potatoes E.M.G.

Desserts

Homemade Gluten Free Chocolate Fudge Cake P.M.E.

Homemade Gluten Free Fruit Crumble M.P.

Ice Cream Bomb (please ask waitress for today's flavour) G.M.

Sticky Toffee, Maple and Pecan Pudding G.M.E.P.T

Ice Cream Sundae M.

ALLERGEN KEY

P - Peanuts T - Tree Nuts
F - Fish Y - Soya
D - Mustard S - Sesame Seeds
E - Eggs V - Vegetarian
C - Crustaceans M - Milk
A - Celeriac or Celery
G - Cereals e.g. Gluten
O - Sulphites and Sulphur Dioxide

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